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UNIVERSITÀ
DEGLI STUDI
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Registration Form

Please, complete the following form (within November 21th, 2023) and send it to: infocorsi@cidimu.it

Surname

Name

Phone

Mobile

E-mail address

Fiscal Code

Discipline or Specialty

If you require any further information, please contact the Organizing Secretary (phone 011.56.16.173)

Congress participation is free of charge but registration is required.

The first 100 participants to register will be accepted.

IRR - COLLABORATING CENTER OF THE INTERNATIONAL FEDERATION OF SPORTS MEDICINE

ANNUAL SCIENTIFIC CONFERENCE

INNOVATION AND CHALLENGES

IN SPORTS MEDICINE REHABILITATION

SATURDAY, 25TH NOVEMBER 2023

9:30 A.M. - 12:30 A.M.

ISTITUTO DELLE RIABILITAZIONI RIBA - CIDIMU SpA

CORSO FRANCIA, 104/3 - TORINO



CCSM

LANGUAGES: ITALIAN AND ENGLISH

SIMULTANEOUS TRANSLATION WILL NOT BE PROVIDED

SCIENTIFIC PROGRAMME

IRR, Torino - Corso Francia 104/3

SATURDAY, 25th NOVEMBER 2023

9.30 **Registration of the Participants**

9.45 **Welcome**

Ugo Riba - *Congress President*

10.00 **Greetings from the Authorities**

Fabio Pigozzi - *Professor of Internal Medicine,
University of Rome "Foro Italico" and President,
International Federation of Sports Medicine*

to follow

Conference Opening

Moderators:

Gianluca Moresco - Editor in Chief "Repubblica"
Ugo Riba

10.15 **Opening Lecture**

**Updates in sports rehabilitation of the Olympic athlete:
from Torino 2006 to Milano - Cortina 2026**

Giuseppe Massazza

IRR, Torino - Corso Francia 104/3

SATURDAY, 25th NOVEMBER 2023 - IRR

11.00 **Telemedicine and teleconsultation**

- **SaluberMD is the future of healthcare**
- **Telemedicine used for psychological consultations in any field**
- **Examples of telerehabilitation**
- **New Frontiers**

Ugo Riba - Sarah Randaccio - Giuseppe Massazza -
Luigi Molino

11.40 **New challenges in rehabilitation:
The benefits of exercise**

on mental health - the muscle-brain crosstalk
Fabio Pigozzi

12.00 **Conclusions**

Ugo Riba
Fabio Pigozzi

12.30 **Cocktail**